Global warming and the El Niño Southern Oscillation

What The Science Says:
The El Niño Southern Oscillation shows close correlation to global temperatures over the short term. However, it is unable to explain the long term warming trend over the past few decades.

Climate Myth: It's El Niño
"Three Australasian researchers have shown that natural forces are the dominant influence on climate, in a study just published in the highly-regarded Journal of Geophysical Research. According to this study little or none of the late 20th century global warming and cooling can be attributed to human activity. The close relationship between ENSO and global temperature, as described in the paper, leaves little room for any warming driven by human carbon dioxide emissions. The available data indicate that future global temperatures will continue to change primarily in response to ENSO cycling, volcanic activity and solar changes." (Climate Depot)

The paper claiming a link between global warming and the El Niño Southern Oscillation (ENSO) is Influence of the Southern Oscillation on tropospheric temperature (McLean 2009). What does the paper find? According to one of it's authors, Bob Carter,

"The close relationship between ENSO and global temperature, as described in the paper, leaves little room for any warming driven by human carbon dioxide emissions."

In other words, they claim that any global warming over the past few decades can be explained by El Niño activity.

How do they arrive at this conclusion? They begin by comparing satellite measurements of tropospheric temperature to El Niño activity. Figure 1 plots a 12 month running average of Global Tropospheric Temperature Anomaly (GTTA, the light grey line) and the Southern Oscillation Index (SOI, the black line).

Figure 1: Twelve-month running means of SOI (dark line) and MSU GTTA (light line) for the period 1980 to 2006 with major periods of volcanic activity indicated (McLean 2009).

The Southern Oscillation Index shows no long term trend (hence the term Oscillation) while the temperature record shows a long term warming trend. Consequently, they find only a weak
correlation between temperature and SOI. Next, they compare derivative values of SOI and GTTA. This is done by subtracting the 12 month running average from the same average 1 year later. They do this to "remove the noise" from the data. They fail to mention it also removes any linear trend, which is obvious from just a few steps of basic arithmetic. It is also visually apparent when comparing the SOI derivative to the GTTA derivative in Figure 2:

Figure 2: Derivatives of SOI (dark line) and MSU GTTA (light line) for the period 1981–2007 after removing periods of volcanic influence (McLean 2009).

The linear warming trend has been removed from the temperature record, resulting in a close correlation between the filtered temperature and SOI. The implications from this analysis should be readily apparent. El Niño has a strong short term effect on global temperature but cannot explain the long term trend. In fact, this is a point made repeatedly on this website (eg - here and here).

This view is confirmed in other analyses. An examination of the temperature record from 1880 to 2007 finds internal variability such as El Nino has relatively small impact on the long term trend (Hoerling 2008). Instead, they find long term trends in sea surface temperatures are driven predominantly by the planet's energy imbalance.

There have been various attempts to filter out the ENSO signal from the temperature record. We've examined one such paper by Fawcett 2007 when addressing the global warming stopped in 1998 argument. Similarly, Thompson 2008 filters out the ENSO signal from the temperature record. What remains is a warming trend with less variability:

Figure 3: Surface air temperature records with ENSO signal removed. HadCRUT corrections by Thompson 2008, GISTEMP corrections by Real Climate.

Foster and Rahmstorf (2011) used a multiple linear regression approach to filter out the effects of volcanic and solar activity and ENSO. They found that ENSO, as measured through
the Multivariate ENSO Index (MEI), had a slight cooling effect of about -0.014 to -0.023°C per decade in the surface and lower troposphere temperatures, respectively from 1979 through 2010 (Table 1, Figure 4). This corresponds to 0.045 to 0.074°C cooling from ENSO since 1979, respectively. The results are essentially unchanged when using SOI as opposed to MEI.

Table 1: Trends in °C/decade of the signal components due to MEI, AOD and TSI in the regression of global temperature, for each of the five temperature records from 1979 to 2010.

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<thead>
<tr>
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<th>MEI</th>
<th>AOD</th>
<th>TSI</th>
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<tbody>
<tr>
<td>GISS</td>
<td>-0.014</td>
<td>0.025</td>
<td>-0.014</td>
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<tr>
<td>NCDC</td>
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<tr>
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<tr>
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<td>0.038</td>
<td>-0.023</td>
</tr>
<tr>
<td>UAH</td>
<td>-0.023</td>
<td>0.041</td>
<td>-0.018</td>
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Like Foster and Rahmstorf, Lean and Rind (2008) performed a multiple linear regression on the temperature data, and found that although ENSO is responsible for approximately 12% of the observed global warming from 1955 to 2005, it actually had a small net cooling effect from 1979 to 2005. Overall, from 1889 to 2005, ENSO can only explain approximately 2.3% of the observed global warming.

Ultimately, all the data analysis shouldn’t distract us from the physical reality of what is happening to our climate. Over the past 4 decades, oceans all over the globe have been accumulating heat (Levitus 2008; Nuccitelli et al. 2012, Figure 5). The El Niño Southern Oscillation is an internal phenomenon where heat is exchanged between the atmosphere and ocean and cannot explain an overall buildup of global ocean heat. This points to an energy imbalance responsible for the long term trend (Wong 2005).
Data analysis, physical observations and basic arithmetic all show ENSO cannot explain the long term warming trend over the past few decades. Hence the irony in Bob Carter's conclusion "The close relationship between ENSO and global temperature leaves little room for any warming driven by human carbon dioxide emissions". What his paper actually proves is once you remove any long term warming trend from the temperature record, it leaves little room for any warming.

Intermediate rebuttal written by dana1981

**Update July 2015:**

Here is a related lecture-video from Denial101x - Making Sense of Climate Science Denial
Skeptical Science explains the science of global warming and examines climate misinformation through the lens of peer-reviewed research. The website won the Australian Museum 2011 Eureka Prize for the Advancement of Climate Change Knowledge. Members of the Skeptical Science team have authored peer-reviewed papers, a college textbook on climate change and the book Climate Change Denial: Heads in the Sand. Skeptical Science content has been used in university courses, textbooks, government reports on climate change, television documentaries and numerous books.

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